

# Herbal Medicines Compendium

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## Trigonella foenum-graecum Seed Powder

### Proposed For Comment Version 0.2

#### *Trigonella foenum-graecum* Seed Powder

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#### DEFINITION

The article consists of the dried ripe seeds of *Trigonella foenum-graecum* L. (Family Fabaceae) reduced to a powder or very fine powder. It contains NLT 0.2% of 4-hydroxyisoleucine, calculated on the dried basis.

#### POTENTIAL CONFOUNDING MATERIALS

None known

#### CONSTITUENTS OF INTEREST

**Amino acids:** 4-Hydroxyisoleucine, 4-hydroxyisoleucine lactone, arginine, histidine, and lysine

**Steroidal saponins:** Trigoneoside IIa, Ib; graecunins H, I, J, K, L, M, N;...

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