

Herbal Medicines Compendium

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Trigonella foenum-graecum Seed

Final Authorized Version 1.0

Trigonella foenum-graecum Seed

DEFINITION

The article consists of the dried ripe seeds of *Trigonella foenum-graecum* L. (Family Fabaceae). It contains NLT 0.2% of 4-hydroxyisoleucine, calculated on the dried basis.

SYNONYMS

Foenum-graecum officinale Moench var. *tibetanum* Alef.

Trigonella foenum-graecum subsp. *gladiata* (M. Bieb.) P. Fourn.

Trigonella tibetana (Alef.) Vassilcz.

POTENTIAL CONFOUNDING MATERIALS

None known

SELECTED COMMON NAMES

Arabic: حلبة

Chinese: 葫芦巴

Danish: Almindelig bukkehorn

English: Fenugreek, Greek hay...

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