

# Herbal Medicines Compendium

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## Rhodiola rosea Root and Rhizome

### Final Authorized Version 1.0

#### *Rhodiola rosea* Root and Rhizome

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#### DEFINITION

The article consists of the dried roots and rhizomes of *Rhodiola rosea* L. (Family Crassulaceae). It contains NLT 0.3% of the phenylpropanoid glycosides rosarin, [rosavin](#) <sup>[1]</sup>, and rosin calculated as rosavin, and NLT 0.08% of [salidroside](#) <sup>[2]</sup>, calculated on the dried basis.

#### SYNONYMS

*Rhodiola arctica* Boriss.

*Rhodiola borealis* Boriss.

*Rhodiola elongate* (Ledeb.) Fisch...

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